



Facial Plastic Surgery Procedures

Facial expressions are a way to interact with others. How we look has an impact on how others perceive us, so most of us are concerned about our face's appearance. Your otolaryngologist – facial plastic surgeon can provide information and advice on what options may be right for you. The following are examples of common facial and reconstructive plastic surgery procedures:

- **Rhinoplasty/Septoplasty**—Surgery of the external and internal nose in which cartilage and bone are restructured and reshaped to improve the appearance and function of the nose.
- **Blepharoplasty**—Surgery of the upper and/or lower eyelids to improve the function and/or look of the eyes.
- **Rhytidectomy**—Surgery of the skin of the face and neck to tighten the skin and remove excess wrinkles.
- **Browlift**—Surgery to improve forehead wrinkles and droopy eyebrows.
- **Liposuction**—Surgery to remove excess fat under the chin or in the neck.
- **Facial implants**—Surgery to make certain structures of the face (cheek, lips, chin) more prominent and well defined.
- **Otoplasty**—Surgery to reshape the cartilage of the ears so they protrude less. Surgical procedures can also be performed to correct tears and rips in the earlobes from wearing heavy earrings.
- **Skin surface procedures**—Surgery using lasers, chemical peels, or microdermabrasion to improve the smoothness of the skin.
- **Facial reconstruction**—Surgery to reconstruct defects in facial skin as a result of prior surgery, injury, or disease. This includes reconstruction of defects resulting from cancer surgery, or from scar revision, repair of lacerations to the face from prior trauma, removal of birth marks, and correction of congenital abnormalities of the skull, palate, or lips.
- **Non-surgical procedures**—Techniques such as chemical peels, microdermabrasion, and injectables. Injectables are medications that can be placed under the skin to improve the appearance of the face, such as Botox, collagen, Restylane, and other fillers.

Otolaryngologist – head and neck surgeons can provide a complete evaluation and treatment options regarding facial plastic surgery. An otolaryngologist can receive up to 15 years of college and post-graduate training in plastic surgery, concentrating on procedures that reconstruct the elements of the face. Because they study the complex anatomy, physiology, and pathology of the entire head and neck, these specialists (sometimes called ENTs) are uniquely qualified to perform the procedures that affect the whole face, head, and neck. For more information on facial plastic surgery, visit www.entnet.org.