



## **AAO32: Standard Benign Positional Paroxysmal Vertigo (BPPV) Management**

**High Priority Status:** Yes / Appropriate Use

**NQF Number:** N/A

### **Measure Description:**

Percentage of patients diagnosed with Benign Positional Paroxysmal Vertigo (BPPV) who received vestibular testing, imaging, and antihistamine or benzodiazepine medications.

### **Instructions:**

This measure is to be submitted a minimum of **once per performance period** for patients diagnosed with benign positional paroxysmal vertigo. This measure may be submitted by clinicians based on the services provided and the measure-specific denominator coding.

### **Denominator:**

All patients diagnosed with posterior canal BPPV.

### **Denominator Note:**

To meet the denominator criteria, a patient a diagnosis of BPPV must be documented during the encounter.

### **Denominator Exclusions:**

Patients whose diagnosis of BPPV was made after vestibular testing, imaging, or antihistamine or benzodiazepine was prescribed are not included in the eligible population for the denominator.

### **Numerator:**

- A. Patients with BPPV referred for vestibular testing by the encounter provider.
- B. Patients with BPPV referred, recommended, or ordered a CTA, CT, MRA, or MRI by the encounter provider.
- C. Patients with BPPV prescribed antihistamine or benzodiazepine medications by the encounter provider.
- D. Total patient performance on the 3 above components (Any-or-nothing calculation).

### **Numerator Note:**

INVERSE MEASURE - A lower calculated performance rate for this measure indicates better clinical care or control. The "Performance Not Met" numerator option for this measure is the representation of the better clinical quality or control. Submitting that numerator option will produce a performance rate that trends closer to 0%, as quality increases. For inverse measures, a rate of 100% means all of the denominator eligible patients did not receive the appropriate care or were not in proper control.

Strata D: Total patient performance on the 3 above components (Any-or-nothing calculation) is used for MIPS scoring purposes.

### **Denominator Exceptions:**

For numerator component A, patients may be excluded if they have:

- Negative Dix-Hallpike maneuver
- Dizziness that lasts longer than one minute
- Postural or gait abnormalities
- Transient dizziness that is unresponsive to repositioning

For numerator component B, patients may be excluded if they have:

- Atypical BPPV (anterior canal, relapsing BPPV, BPPV associated with other neurological conditions, or severe multi-canal BPPV)
- Focal deficit or unilateral hearing loss
- Vision changes
- Trauma history

- Recent surgery

For numerator component C, patients may be excluded if they have:

- Patient refuses other treatment options
- Severe symptoms during positioning
- Nausea or vomiting during positioning
- Patient requires prophylaxis
- Clinical indication for long-term use present (e.g., anxiety disorder)

**Measure Classifications:**

Submission Pathway: Traditional MIPS

Measure Type: Process

High Priority Type: Appropriate Use

Meaningful Measures Area: Appropriate Use of Healthcare

Care Setting(s): Ambulatory Care: Clinician Office/Clinic

Includes Telehealth: Yes

Number of Performance Rates: 1

Inverse measure: Yes

Continuous measure: No

Proportional measure: Yes

Ratio measure: No

Risk Adjusted measure: No

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